

From *Eat That Frog*

1. *What are your three most important business or career goals right now?*
2. *What are your three most important family or relationship goals right now?*
3. *What are your three most important financial goals right now?*
4. *What are your three most important health goals right now?*
5. *What are your three most important personal and professional development goals right now?*
6. *What are your three most important social and community goals right now?*
7. *What are your three most important problems or concerns right now?*

